

# CENTRAL PORTUGAL



## CENTRAL PORTUGAL

### White wines, red wines, sparkling wines and Serra cheese

A landscape dominated by the grandeur of the mountains, the history of this region is simply inseparable from the History of Portugal. It was here that some of the most important figures in our past were born and lived. Starting in the West region, a constant box of surprises that, in addition to delicious cuisine with a sea flavor, offers you the route of Gothic, ceramics and wine. In the vicinity of Serra da Estrela, the famous and unique cheese of the mountains. In the heart of central Portugal, the region of Anadia-Bairrada, known as the "capital of sparkling wine and piglet of Bairrada". Enjoy.



## LISBOA / COLARES / CADAVAL / ÓBIDOS

Departure towards the romantic town of Sintra and the Colares region. Visit to the Adegas Regionais de Colares, founded in 1931, an imposing building with a stunning interior due to the size and number of barrels it holds. Colares is one of the most original wine regions in Portugal, with vineyards of the Ramisco variety planted by the sea, in very loose sandy soils. Proceed to Cadaval village. Here is where Quinta do Gradil is located, which is a centuries old property that belonged to Marquês de Pombal and the oldest wine producer in this region. Pay a visit to the estate and see the wine production process, starting in the vineyards, passing through the cellar and culminating in the tasting room. Lunch at the Quinta do Gradil restaurant. After the meal, there are various experiences available to the visitors: a tour around the Quinta, horse riding, bird watching, etc... Proceed to the medieval walled town of Obidos. Accommodation.

## ÓBIDOS / TOMAR

Breakfast and departure for Tomar, the historical city of the Templars. After a short walk through the mysterious alleys of this city, proceed to the Herdade dos Templários (Quinta do Cavalinho), in Valdonas, for a sensorial tasting of 5 wines in a welcoming and interactive atmosphere: white, rosé and red "Herdade dos Templários"; the multi-awarded red reserve "Convento de Tomar" and, finally, the purple muscatel liqueur wine "Sellium", accompanied by the cheeses, ham, sausages and the handmade bread of the region. At the end, departure for the hotel in Tomar. Accommodation.

## TOMAR / UNHAIS DA SERRA

Breakfast and departure towards Unhais da Serra, on the southwestern side of Serra da Estrela. Located 600 metres high, you will find Quinta da Vargem, with a spectacular view over the mountains. It is owned by the descendants of the writer Almeida Garrett and it offers several wine related activities, such as visits to the vineyards and to the cellars, with wine tasting, focusing on the Chardonnay variety that the family brought from France. Accommodation and overnight stay at Casa da Quinta or Hotel H2O.

## UNHAIS DA SERRA / PENALVA DO CASTELO

Breakfast. The journey continues northwards, to Penalva do Castelo. Arrival at "Casa da Insua", a charming manor house built in baroque style from the 18th century. It is full of history, and it was commissioned by Luís Albuquerque de Mello Pereira e Cáceres, former Governor of Brazil. Its trademark image is its imposing façade and magnificent gardens. It has been converted into a 5-star charm hotel that allows you to enjoy some leisure time. Closely connected to the hotel, Quinta da Ínsua is the origin of the much appreciated gourmet products that are now an ex libris of the hotel. You will be able to taste the famous Serra da Estrela cheese, the pure artisan olive oil and, of course, taste the reputed Casa da Ínsua Dão wines which are proudly produced by the house. Overnight accommodation at the hotel.



# CENTRAL PORTUGAL



## PENALVA DO CASTELO / ANADIA / MEALHADA / CURIA

After breakfast, departure to the region of Anadia, to visit the Underground Museum (of Caves Aliança) located in Sangalhos, in the region of Anadia. Tasting of sparkling wine. In this region of Bairrada/Anadia, the predominant white grape variety is Fernão Pires followed by Arinto, Bical and Cercial. The red wine is dominated by the exclusive Baga variety. Proceed to the Curia Palace Hotel, a European jewel of the great hotel management model from the 1920's and one of the most beautiful and legendary hotels in Portugal. This is followed by lunch, when you can taste the unique delicacy of this region, the "Leitão à Bairrada", accompanied by the famous wines of Buçaco. If you prefer, you can have the sparkling "brut" red wine of the region. After lunch, go up to your flat and rest. Accommodation at the hotel.

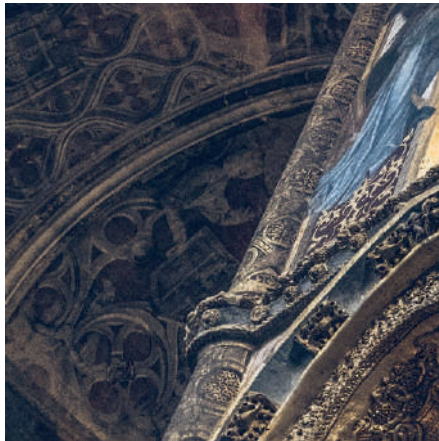
## CURIA / LISBOA

Breakfast. Departure to Lisbon.



# CENTRAL PORTUGAL

#WETRAVELTOGETHER




[www.transalpinodmcportugal.pt](http://www.transalpinodmcportugal.pt)

 [facebook.com/TransalpinoDMC](https://facebook.com/TransalpinoDMC)

 [Transalpinodmc](https://Instagram/transalpinodmc)

[incoming@transalpino.pt](mailto:incoming@transalpino.pt)  
Rua João da Silva 4C  
1900-271 Lisboa, Portugal

 +351 218 436 440

**Transalpino** / DMC PORTUGAL