

NORTHERN PORTUGAL DOURO



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The Douro: the vineyards, the grape varieties, the wines and the Port Wine

Douro is a unique territory, with a landscape which was sculpted by Man. It is the oldest vineyard site region in the world, classified as World Heritage by UNESCO in 2001. The sinuous course of the Douro River crosses this territory of imposing slopes, where the "Port" and "Douro" wines are produced. Port Wine is the most sublime of them all, due to its history and quality. Douro red wines are produced from the Touriga Nacional, Touriga Franca, Tinta Roriz, Tinta Barroca and Tinto Cão grape varieties. White wines are made from the Malvasia Fina, Viosinho, Gouveio or Rabigato grape varieties. The harvest takes place every year in September.



PORTO | PESO DA RÉGUA | MIRADOURO | QUINTA DA PACHECA

Departure from Porto towards the city of Peso da Régua. Visit of the Douro Museum. It was conceived as a multipurpose museum of Douro territory, which preserves, studies, exhibits and interprets material and immaterial objects representative of Douro's identity, culture, history and development. Free time for lunch. We suggest the restaurant in the museum: A Companhia. But choose to sit, the Garden Esplanade. After the meal, we will go up to the São Leonardo da Galafura viewpoint, situated at an altitude of 640 metres. It is worthwhile contemplating the beauty of the region, where you can see Armamar, Sabrosa, Tabuaço, Fontelo and Valença do Douro, among many other places that frame the landscape. Continuation of the trip to the hotel of Quinta da Pacheca. Visit and wine tasting. Accommodation.

QUINTA DA PACHECA | QUINTA DO SEIXO | QUINTA DO VENTOZELO

Breakfast and departure along the left bank of the river, where Quinta do Seixo (Sandeman) is located, one of the most important and traditional wine producers in the Douro Wine Region. There is a beautiful view over the Douro and the vineyards, some of which are over a hundred years old. Here you can have a unique experience: a visit, wine tasting and a picnic lunch in the vineyard, outdoors. Duration: 3 hours. Proceed to Quinta do Ventozelo. This is not just a hotel. It is a country estate that has been transformed, maintaining the cosy roots of a Douro house. There are 29 rooms, carefully renovated and distributed along the different buildings of the Quinta. All of them have a story to tell. You won't be surprised only by the view over the Douro river or the vineyards, but also by the overwhelming silence, the absolute tranquillity and the unmistakable bouquet of aromas that fill our hearts at every moment. Visit and wine tasting. Accommodation.

QUINTA DO VENTOZELO | SÃO JOÃO DA PESQUEIRA | QUINTA DO VENTOZELO

Breakfast. Departure for São João da Pesqueira to visit the Wine Museum, which focuses on wine and vineyards, emphasizing the products and activities of this region. This museum, in addition to a permanent exhibition linked to the theme of wine, includes a tasting room, a wine shop, a bar and other cultural spaces, making a true "museum of territory". Here you can find a landscape of rare beauty, which is considered the largest "sanctuary" of the Alto Douro Wine Region with a set of small chapels up along the hill. Free time for lunch in São João da Pesqueira. We suggest "Cozido à Portuguesa" or "Bacalhau à Casa", at the restaurant Adegas da Ana. In the late afternoon, return to Quinta do Ventozelo. Accommodation.



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QUINTA DO VENTOZELO | QUINTA DAS CARVALHAS | PINHÃO | QUINTA DO PORTAL

Breakfast and departure for Quinta das Carvalhas of the majestic Real Companhia dos Vinhos do Porto, founded on 10 September 1756 by Royal Charter of King D. José I. It got its designation Real Companhia Velha because it was so called by the people of the region and it was also designated by this name in the commercial jargon of the time. It has five estates located in the Alto Douro Wine Region. Guided tour and wine tasting. Crossing the Douro River, the journey continues to Pinhão, where a visit to the railway station to appreciate the tiles is a must. Free time for lunch. We suggest the restaurant Cais da Foz or Veladouro. After the meal, board the D. Antónia, a 100% electric “rabelo” boat, at pier C of Pinhão, for a one-hour trip up the Douro river, during which you can see the terraces where the vineyards of the sublime Port wine grow. Arrival at the docks and continuation to Quinta do Portal, a Portuguese, family owned and independent house that embraced the concept of "Boutique Winery" with passion. Douro, Port and Moscatel wines have been produced here by the Mansilha family for 5 generations. Visit to the Winery, a building designed by the famous Portuguese architect Siza Vieira, which was awarded the Douro Architecture Prize 2010/2011 and the Best Of Wine Tourism Award in 2012. Accommodation at the Quinta.

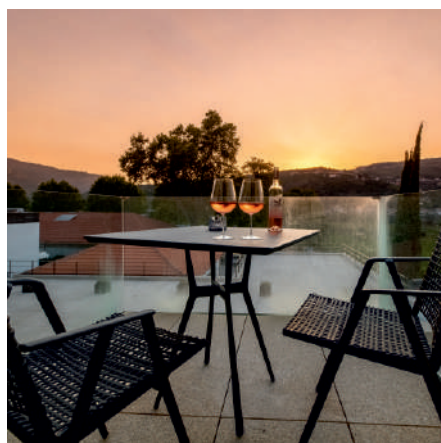
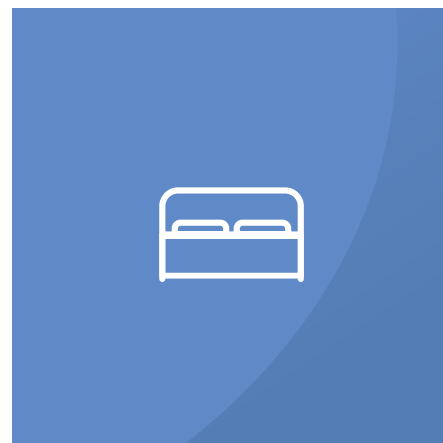
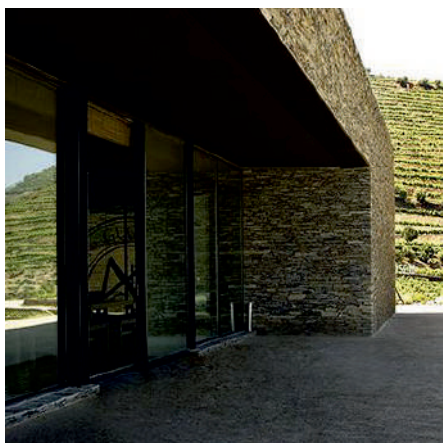
QUINTA DO PORTAL | PROVESENDE | PORTO

Breakfast and departure for Provesende, one of Portugal's wine producing villages. It is located among vineyards, manor houses, and stately houses, all of which imponent and reminiscent of a noble past. This is the place with more coats of arms per square metre in Portugal. A walk through the historical centre of this beautiful village is a must. You must also visit the parish church, a Baroque style temple built in the year 1720. Pay special attention to the main chapel, the marbled triumphal arch and the nave with a vaulted ceiling in polychromatic wood. Free time for lunch. We suggest roast lamb or “Arroz de Pato” (rice and duck) made in the old-fashioned way at Tasca Típica Papas Zaide. Reservations must be made in advance. At



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